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OUR PROGRAMS

Voice Student, Maia

WELCOME

Contents

Music Program.....	3
Dance Program.....	7
Musical Theatre.....	9
Acting Program.....	15
Community.....	19
COVID Protocols.....	20

Welcome to our school

Thank you for downloading our program brochure, where you will learn about the exciting range of music and performing arts opportunities that we have to offer starting September 2021. No matter which performing arts discipline you are interested in, there is something for you at CBY Music & Performing Arts, and we can't wait to help you realize your potential.

Since 2017, we have built a vibrant and successful music school from our home studio. In September 2021 we will move into our next phase that will see a return to in-person lessons after an 18 month stretch of online teaching, and also the opening of our new location in the very heart of Waterdown's Heritage District. To those of you that have been with us since the beginning, we can't wait to share this new adventure with you. To those of you who are new to our school, we are thrilled you have chosen to join us at such a formative time.

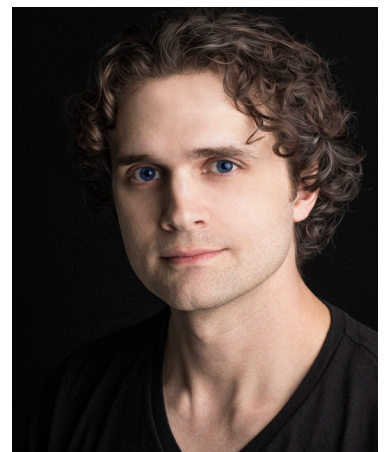
This brochure outlines our programming for the next academic year. Our core private music instruction that we have become so well regarded for will continue as it always has, but our new location allows us to finally expand upon this with the introduction of group lessons in acting, musical theatre and dance.

Our programs give you the opportunity to work with like-minded students and our highly talented, highly qualified team of instructors. You will learn a whole host of skills, not just in artistic training and performing, but also in team work, organization, presentation and confidence; critical skills that will transfer to all parts of your life.

I hope you enjoy the brochure!

Christian Bell-Young

Artistic Director & Co-Founder





Piano Student, Adelaide

MUSIC

Overview

- Private Music Lessons
- Creative Artist Development
- Group Ukulele
- Band Skills



Private Music Lessons

All Ages | 7 days a week



Available in Voice, Piano, Guitar, Ukulele, Drums.

All private lessons are tailored to the specific needs and goals of the student. For more specific information pertaining to your chosen instrument and goals, book a meet-and-greet with CBY this summer. Our music teachers are qualified active instructors and perform professionally on the instruments they teach. Exam preparation for Royal Conservatory of Music, Conservatory Canada's *Contemporary Idioms*, and Rockschool Ltd is available should the student choose. Regular performance and competitive opportunities are available to all private music students.

Creative Artist Development

Ages 14-18 | 7 days a week



Including Songwriting, Record Production, Promotion & Performance.

The Creative Artist Development program is designed to identify and nurture a special affinity for original music artistry. Students will learn the craft of contemporary songwriting, including rhyme scheme, harmony and song structure. They will write their own songs with our award-winning songwriter before moving into production, where the student will be guided in the creation of their first commercial single. Go one step further and launch your recording career by releasing your single on our record label. This stage includes instruction in artistic promotion, branding and performance skills.

Group Ukulele

Junior Ages 6-10 | Saturdays 1:30pm-2:30pm
Youth Ages 11-18 | Saturdays 2:30pm-3:30pm



Including Technique Building, Song Studies, Group Jams & Performance.

The gentle strum of a ukulele is wonderful when experienced in a group setting. In this unique program, students will learn to play ukulele as an ensemble. This will challenge them to work as a team and listen to each other as they learn their instruments together. Led by our talented and engaging "String King", students will play contemporary repertoire while developing their skills on this accessible and fun instrument!



Introducing Band Skills

Ages 11-18

This program will introduce our youth to the world of being in a band. It is suitable for students of contemporary instruments such as guitar, bass, drums, keyboards and vocals.

Students will learn how to communicate as a music group, how to get the most out of band practice, how to write original music as a band, and how to play cover songs. Students will also learn stage craft and how to connect with an audience during a live gig. Skills that students develop in their private lessons, such as reading lead sheets, working with chord charts and improvising, will be further developed alongside group skills such as song arranging and creative input.

These rock stars will also learn how to market and promote a contemporary band and how to build a fan base in the modern music industry. They also have the option to record and release any original material on the CBY Music record label.



Music Performances

Opportunities open to all private students

We have numerous performing opportunities available to all private music students.

- Annual Christmas Concert -

Taking place in the final week of term 1 before the Christmas break, students congregate at a local venue to perform pieces they have worked on during the term. Previous venues include St. Thomas The Apostle Church and St. James United Church; we have even done a virtual Christmas Concert!

- Summer Student Concert -

Taking place in the final week of June to mark the end of our academic year, students will have the chance to show families and friends all the hard work they have done. Expect lots of solo, duet and group performances. We round the night off with our annual school photo.

DANCE

Overview

- Tot Dance
- Recreational Kids & Youth
- Adult
- Bree's Ballroom



Tot Dance

Ages 3-5 | Sundays 12:00pm-12:45pm

Featuring ballet, jazz & movement basics.

This fun program will help the littlest dancers build gross motor skills and co-ordination, explore their musicality and creativity, develop co-operation skills, and burn that energy! Classes run 45 minutes and will feature a combination of ballet, jazz, and musical movement basics.

Recreational Kids & Youth

Kids Ages 6-11 | Sundays 1:00pm-2:00pm
Youth Ages 11-18 | Sundays 4:30pm-5:30pm

Featuring ballet, jazz, hip hop, contemporary, softshow tap and more.

This class will introduce students to a variety of different dance forms in a fun and welcoming environment. Suitable for both beginner and early developing dancers, they will learn cycles of ballet, jazz, hip hop, contemporary, softshoe tap, musical theatre, and cultural dances. Classes run one hour per week.

Adult Dance

Ages 18+ | Tuesday 8:30pm-9:30pm

Featuring ballet, jazz, hip hop, contemporary and cultural.

This class will take participants through a variety of different dance forms, with an emphasis on fitness, stretching & strengthening. Suitable for beginners and those with a dance background, dancers will cycle through ballet, jazz, hip hop, contemporary and cultural dances, with the potential for additional styles added based on participant interest. Classes run one hour per week.

Bree's Ballroom

Youth Ages 10-18 | Sundays 5:30-6:30
Adult Ages 18+ | Sundays 7:00-8:00
Private Lessons | Fri and Sun Evenings

This dynamic, exciting program will take you through foxtrot, tango, waltz, rhumba, chacha, mambo/salsa and swing. Learn the basic to intermediate steps and techniques and how to lead and follow for social dancing. Having fun is just the beginning! Learning to social dance helps to strengthen your body, your relationships and so much more. You will see an improvement in memory, muscle tone, balance and confidence. Led by a welcoming, experienced ballroom dance professional who has competed across North America and even studied with Jean-Marc Generaux!

Group lessons are best experienced with a partner, but singles are welcome and will be paired up during lessons. For our youth program, partners are not expected but are certainly welcomed. Private lessons are available for both partners and singles.

MUSICAL THEATRE

Overview

- Junior
- Youth
- Pre-Professional





Introducing **SHOWSTOPPERS**

Musical Theatre Training Program

Our exciting new Showstoppers musical theatre training program will engage youth ages 5- 20 in a fun, creative and challenging theatrical experience. Each level of the program will stage their own musical in the spring.

Stay tuned for exciting show announcements. All productions will be fully licensed, scripted musicals and will be staged in local theatres.

Junior

Ages 5-11 | Cohort A: Monday 5:30pm-7:30pm | Cohort B: Wednesday 5:30pm-7:30pm



Sing, dance and act in a fully-staged theatrical production. This program is the perfect introduction into the exciting world of theatre. Each week, students will participate in a two-hour session that will take them through choreography, singing and acting in a welcoming, energetic and safe environment. Led by two highly qualified, dynamic and FUN industry professionals, this program will develop your child's confidence, social skills and creativity. The first few months will be spent developing skills, followed by auditions for roles within the show, and then rehearsals. All students will be granted a role that will challenge them and be featured in a meaningful way. Performances will take place over a weekend in the spring at a local theatre.

Each student will attend only one cohort (A or B) to allow for safe Covid practices. Later in the spring, some weekend rehearsals will be added closer to show date. When indicating schedule availability, it is helpful to let us know if you are available for both cohort times to allow us to balance numbers across both groups. Program placement for students aged 9 - 11 will be based on experience.

Youth

Ages 9-18 | Cohort A: Tuesday 5:30pm-8:30pm | Cohort B: Thursday 4:30pm-7:30pm



Broadway is calling! In this program, students will perform a fully-staged theatrical production. This program is suitable for beginners as well as students with amateur and professional experience. Each week, students will participate in a three-hour session that will take them through choreography, singing and acting in a safe, creative, and dynamic environment. Led by three talented, highly qualified and engaging industry professionals, this program will develop your performer's confidence and teamwork, theatrical abilities and creativity. The first few months will be spent developing skills, followed by auditions for roles within the show, and then rehearsals. In addition to learning choreography, singing and

acting, students will engage in scene and character study, as well as learn the technical elements of theatre production. All students will be granted a role that will challenge them and be featured in a meaningful way. Some students may even choose for those roles to be "behind the scenes" tech or stage management roles, or be offered the opportunity to apprentice alongside members of the artistic team. Performances will take place over a weekend in the spring at a local theatre.

Each student will attend only one cohort (A or B) to allow for safe Covid practices. Later in the spring, some weekend rehearsals will be added closer to show date. When indicating schedule availability, it is helpful to let us know if you are available for both cohort times to allow us to balance numbers across both groups. Program placement for students aged 9 - 11 will be based on experience.

Pre-Professionals

Ages 14-20 | Saturdays 10:00am-1:00pm



This auditioned-only program is for students who are planning to pursue a career in professional performance, be it on stage or behind-the-scenes. Students will perform a fully-staged musical in the spring at a local theatre. This program will be capped between 7-10 participants, and involve one three-hour session per week. Each student will work with the instructors to develop an action plan for their individual goals. Students will engage in comprehensive audition training, networking skill-building, choreography (learning and creating), singing individually and in a group in a variety of genres as well as learning the basics of music directing and music theory, intensive scene study and character development, and learning behind-the-scenes trades such as stage

management and design. Led by three highly qualified and experienced instructors, this program will be further enhanced by guest artists from the theatre industry. Auditions will take place in mid September and involve a live audition as well as a letter of interest and interview. If this program sounds relevant to you and your goals, don't hesitate to apply. We are looking for highly motivated, dedicated students with potential and recognize that everyone who meets that criteria may be in a different stage of their training and experience.

To keep this program as close to the professional experience as possible, industry-standard Covid protocols will be in place. Participating students will be required to take private singing lessons, however those lessons do not need to be with CBY music instructors. Those students who are not accepted into the Pre-Professional program this year will be provided with coaching and feedback on areas of focus that they can continue to work on for next year. They will also be offered a place in our Youth Showstoppers program in a role that will challenge them. To this end, if you are considering auditioning for the Pre-Professional program, and you are 18 or under, you may also want to check the Youth Showstoppers schedule and determine what will fit into your schedule.



ACTING

Overview

- Group Acting
- Private / Semi-Private Acting
- Voice Over Acting



Group Acting

Ages 5-8 | Tuesdays 4:30pm-5:30pm
Ages 9-12 | Thursdays 7:30pm-8:30pm
Ages 13-18 | Wednesdays 7:30pm-8:30pm



In this exciting program, students will develop their acting skills as well as their confidence, creativity, teamwork and communication skills. Whether you want to feel more comfortable with public speaking in class, need a place to burn creative energy or are serious about pursuing acting for stage or screen, this is the program for you. Students will learn to create characters, study scenes, write their own scenes, learn techniques for stage acting as well as acting for the camera, learn audition skills, learn the behind-the-scenes roles in the acting industry, and most importantly, have an engaging and fun time! Led by two highly qualified and active, in-demand industry professionals, each student will have the opportunity to shine through their dynamic instruction.

Please note, this program takes a "deeper dive" into the world of stage and screen acting and is a highly recommended add-on to our Showstoppers musical theatre training program.

Private Acting

All Ages | Tuesday and Thursday Evenings



This program is suitable for students who require individualized instruction for a variety of reasons. Perhaps it is to build skill and confidence in a smaller setting, or perhaps the student is auditioning professionally and needs ongoing access to a coach. Private acting lessons allow for a truly bespoke curriculum to be developed based on the students' specific needs. Preparation for RCM Speech Arts and Drama exams is also available through this program.

Semi-private lessons also available. Note, you will need to "bring your own buddy". Lessons are capped at 3 participants.

Private Voice Over Acting

Ages 6-adult | Wednesday Evenings
Virtual lessons available throughout the week



Led by one of Toronto's most in-demand voice over artists, this program is a unique way to explore your voice and find out what it's capable of. Students will learn creative and industry-required voice-over techniques that will have them bringing characters and speeches to life in no time. Discover how to make strong, fun choices with voiceover scripts and characters. Learn about microphone technique and how to sound your best. Practice "auditioning" commercial and animation scripts and put together an animation or commercial demo reel. Suitable for students who are interested in the art form, as well as students who are actively auditioning professionals.

Note: Semi-private lessons also available. Note, you will need to "bring your own buddy". Lessons are capped at 3 participants.

A group of performers in formal attire are celebrating on stage, holding up gold balls. The background is a stage set with purple and blue lighting.

"CBY fosters a safe, fun and invigorating environment for young people eager to hone their skills and excel in the industry."

Vanessa Sears

Dora Award, Toronto Theatre Critic's Association Award, Critic's Pick and BroadwayWorld award-winning Canadian Stage and Screen actor.

Photo Credit: David Cooper, "Grand Hotel", Shaw Music Festival 2018.

Full Weekly Schedule

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Teaching Staff	Christian Rylan Victoria	Christian Alysa Rochelle	Christian Rylan Kailea	Christian Alysa Rochelle	Christian Karen Cal	Christian Karen Cal	Karen Rochelle Bree
Studio A	4pm-9pm Private Music Lessons	12pm-2pm Private Music Lessons 4pm-6pm Private Music Lessons 6:30pm-7:30pm Private Acting Lessons 7:30pm-9pm Private Music Lessons	4pm-5:30pm Private Music Lessons 5:30pm-6:30pm Voice Over Acting 6:30pm-9pm Private Music Lessons	4pm-5:30pm Private Music Lessons 5:30pm-6:30pm Private Acting Lessons 7pm-9pm Private Music Lessons	6:30pm-9pm Private Music Lessons	9am-10am Private Music Lessons 1:30pm-5pm Private Music Lessons	1pm-3pm Private Music Lessons
Studio B	4pm-5:30pm Private Music lessons 5:30pm-7:30pm Junior Showstopppers (Cohort A) 7:30pm-9pm Private Music Lessons	4:30pm-5:30pm Kids Group Acting 5:30pm-8:30pm Youth Showstoppers (Cohort A) 8:30pm-9:30pm Adult Dance	4pm-5:30pm Private Music lessons 5:30pm-7:30pm Junior Showstopppers (Cohort B) 7:30pm-8:30pm Teen Group Acting 8:30pm-9pm Voice Over Acting	4:30pm-7:30pm Youth Showstopppers (Cohort B) 7:30pm-8:30pm Youth Group Acting 8:30pm-9pm Private Acting Lessons	4pm-9pm Private Music Lessons	10am-1pm Pre-Pros Showstoppers 1:30pm-2:30pm Junior Ukulele Group 2:30pm-3:30pm Youth Ukulele Group 3:30pm-4:30pm Band Skills 4:30pm-5pm Private Music Lessons	12pm-12:45pm Tot Dance 1pm-2pm Kids Dance 4:30pm-5:30pm Youth Dance 5:30pm-6:30pm Youth Ballroom 7pm-8pm Adult Ballroom 8pm-9pm Private Ballroom

Read our teaching staff bios at www.cbymusic.com/team

COMMUNITY

We have a vibrant and close knit community at CBY, comprised of students, parents and staff.

We encourage cross-discipline collaboration among our students and often find that important new friendships are formed as a result. Our community of parents are supportive, engaged and ready to help out when called upon. Our staff support students and parents alike in and out of lessons, underpinning our core ethos of continual achievement.

Whether you volunteer for our front-of-house, take part in our enrichment programs like The CBY Music Choir or just get involved in helping us to spread the word, our "CBY Family" is the anchor to everything we do.



*Parent Front of House volunteers
Christmas Concert 2019*



*The CBY Music Choir in rehearsal
Christmas 2019*

IMPORTANT

COVID Protocols

All protocols are subject to change as we navigate through this year. At the moment, this is what we expect to see in September and the following months. We will comply with all government requirements, as well as best industry practices pertaining to the specific conditions of music, dance and theatre performance.

Cohorts	Group classes will be capped at 12 individuals to allow for adequate distancing and also hopefully allow us to move through any potential government policies that may be required with greater ease.
Screening	All individuals entering a studio space (students, staff and observing parents for private lessons) must complete a self-screening questionnaire prior to entering the building. We trust that you will answer each question carefully in order to keep our studio community as safe as possible. Students who are unable to pass the screening are welcome to join class through online participation for that lesson.
Masks	For the time being, all individuals entering the building will be required to wear a well-fitting mask (triple-layer for cloth masks, or a surgical mask). Masks are expected to cover the nose and mouth at all times. It is absolutely possible to sing comfortably and productively in a mask and we can provide guidance on the best masks to use for singing. If a student arrives in an unsuitable mask, we will provide them with a comfortable surgical mask that they will be required to use while in their session. We will follow government guidance on best practices regarding masks and fully-vaccinated singers. For those unable to wear a mask, all of our programs will have an alternative participation option that they can access.
Air Quality	Each room will be equipped with a professional grade air purifier suitable for the size of the room to assist in air cleaning and air exchange. The purifiers themselves will be regularly cleaned and maintained.

COVID Protocols

Sanitizing	All individuals entering the building must hand sanitize upon entering and exiting. Students, staff and visitors must hand sanitize each time they need to adjust their masks and after using the washroom. High-touch surfaces will be sanitized at least twice per studio evening. Shared equipment will be sanitized between each student.
Physical Distancing	We will continue to follow the government requirements for physical distancing in all of our programs. Our waiting room numbers will be capped at three people, so for the time being, parents of group class participants will need to pick up and drop off at the front door (students will be supervised). Singing lessons will take place at a much greater distance than required by the government, particularly for those with larger and more propellant voices.
Contact Tracing	All individuals who are in the building for longer than 5 minutes must sign in for contact tracing purposes. Should a positive case be confirmed that affects you or your student, you will be notified ASAP and the Public Health plan for upcoming classes will be communicated to you. To that end, you are expected to communicate with us ASAP if you have tested positive, following Public Health instructions.
Moving Online as Required	We are fortunate to have had 18 months of training in the world of online teaching, for both private lessons and group classes. Should your class/yourself/your teacher be required to isolate for a period of time, lessons will continue online for the duration of the mandated isolation. Should the province move back into an earlier stage where in-person programs are not allowed, all of our programs will continue online. We are hopeful the time spent online will be minimal this year and grateful we have the experience to allow us to respond effectively should the need arise.

If you have any questions about our COVID protocols or anything else, please do not hesitate to contact us at

info@cbymusic.com



cbymusic.com | (905) 320-3223
21 Mill St N, Waterdown

Don't miss a beat! Follow us now to stay up to date with all things CBY.



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